



FRANGIPANI SPA

ZANZIBAR

BARAZA RESORT & SPA

The Spa Menu

TREATMENTS & RITUALS OF THE SWAHILI COAST

Reflecting the opulent era of the Sultans, our sanctuary blends timeless techniques with island-inspired rituals — drawing on Zanzibar's heritage of tropical florals, sea minerals and spice.

THE SANCTUARY

Step back in time, on the shores of the Spice Island

Inspired by the spices, botanicals and healing traditions of the Swahili coast, the Frangipani Spa offers restorative treatments designed to relax the body and calm the mind. Drawing on Zanzibar's heritage of tropical florals, sea minerals and traditional coastal therapies, our treatments combine timeless techniques with island-inspired rituals.

Reflecting the opulent era of the Sultans, our sanctuary is the ultimate recovery after an African safari or a Kilimanjaro climb. Enjoy professional treatments including our signature Sultan's Bath experience and world-class Thai and Balinese massage, then unwind with our spiced teas.

All treatments use the highest-quality natural skincare from locally sourced partners, complemented by a selection of locally inspired spiced essential oils. Our therapists are trained in Thailand, Bali and India.

SIGNATURE SPA RITUALS

Full-body journeys combining exfoliation, ritual and massage

Swahili Warm Sand Therapy 90 MIN

\$145

Gently warmed sand in a linen pouch releases muscular tension, followed by a restorative massage to relax the body and restore balance.

Spice Island Body Ritual 90 MIN

\$145

A revitalising treatment beginning with a clove and sea-salt exfoliation, followed by a relaxing full-body massage.

Zanzibar Flower Ritual 90 MIN

\$145

A calming floral ritual using frangipani and jasmine to soothe the senses and leave the skin soft and delicately scented.

Singo Beauty Ritual 105 MIN

\$175

A nourishing ritual inspired by traditional Swahili beauty preparations, leaving the skin radiant and deeply relaxed.

The Sultan's Bath Experience 120 MIN · FOR TWO

\$350

A romantic bathing and massage ritual inspired by the palaces of Zanzibar, designed for deep relaxation and quiet connection. For two.

BODY MESSAGES

World-class technique from Thailand, Bali and India

Frangipani Signature Massage 60 / 90 MIN

\$105 / \$140

Flowing movements that release tension and restore a deep sense of calm.

Balinese Massage 60 / 90 MIN

\$90 / \$120

Gentle stretching and rhythmic pressure to promote relaxation and circulation.

Hot Stone Massage 60 / 90 MIN

\$90 / \$120

Heated basalt stones to melt away deep-seated tension.

Deep Tissue Massage 60 / 90 MIN

\$90 / \$120

Focused therapeutic work to release deeper muscle tension and restore mobility.

Aromasoul Relaxing Massage 60 / 90 MIN

\$90 / \$120

Gentle, flowing movements to soothe the body and mind.

Traditional Thai Massage 60 / 90 MIN

\$90 / \$120

Stretching and pressure techniques to improve flexibility and balance.

Swedish Massage 60 / 90 MIN

\$90 / \$120

Long, flowing strokes to improve circulation and promote relaxation.

MASSAGES, FACIALS & TOUCH

Targeted treatments and skin therapies

MASSAGE, CONTINUED

Traditional Thai Massage with Oil 60 / 90 MIN	\$90 / \$120
Back, Neck & Shoulder Massage 30 / 60 MIN	\$60 / \$90
Oriental Foot Massage 30 / 60 MIN	\$60 / \$80
Traditional Indian Head Massage 30 / 60 MIN	\$60 / \$80

FACIAL TREATMENTS — 60 MINUTES

Hydrating & Nourishing Treatment	\$90
Uplifting Anti-Stress Treatment	\$90
Purifying & Regenerating Treatment	\$90

HANDS & FEET

Oriental Essence with Manicure WOMAN / MAN	\$55 / \$45
Oriental Essence with Pedicure WOMAN / MAN	\$55 / \$45
Manicure or Pedicure with Gel Polish	\$70

BODY SCRUBS

45 minutes · \$75 each

Clove & Sea Salt Scrub 45 MIN

\$75

Detoxifying and purifying, leaving the skin refreshed.

Island Spice Scrub 45 MIN

\$75

A blend of island clove and cinnamon to deep-cleanse and stimulate circulation.

Singo Scrub 45 MIN

\$75

Fresh coconut and rice to gently exfoliate and moisturise.

Zanzibar Flower Scrub 45 MIN

\$75

Cleanses and renews with a scented blend of dried local flowers.

ULTIMATE PACKAGES

Signature journeys for deeper restoration

Stress-Relieving 'Après Safari' 2 HR 15 MIN

\$195

Back, neck & shoulder massage, a foot & leg massage, a hydrating mini-facial and an Indian head massage — to undo the aches of long hours on safari.

Kili Foot Revival & Relaxation 3 HR

\$205

A hot-stone leg & body massage, an oriental foot massage and a restorative facial — the perfect recovery after the climb.

The Thai Stretches Therapeutic Program 3 × 60 MIN

\$205

Passive stretches, palm pressure and muscle work to clear the body's energy pathways, enhance flexibility and improve mobility.

WELLNESS & YOGA

Spirit of Zanzibar — daily practice by the sea

Join our wellness practitioner for our weekly rhythm of yoga and meditation. Meditation classes are complimentary for all guests.

Monday, 8:00am — Sun Salutation	\$30 pp
Wednesday, 11:00am — Yin Yoga Meditation	Complimentary
Thursday, 11:00am — Mindfulness Meditation	Complimentary
Friday, 11:00am — Slow Flow Yoga	\$30 pp

Group classes \$30 per person · private classes \$50 per person · meditation complimentary. Please book a day prior.

Ask about Spirit of Zanzibar — our group yoga & wellness journeys and Swahili cultural experiences, from spice tastings to sunrise beach flows.

SPA GUIDELINES

To help you make the most of your visit

-
- **Bookings** — please enquire and book directly at the Spa (Ext. 234). Advance booking is recommended.
-
- **Arrival** — please arrive 15 minutes before your treatment for check-in.
-
- **Cancellations** — 24 hours' notice required; cancellations after 6:00 pm the day prior incur a 50% charge.
-
- **Families** — children under 16 may not use the wet facilities; under-12s must be accompanied by a parent for Kids Spa treatments.
-
- **Comfort** — please tell your therapist if the pressure, temperature or music isn't quite right.
-
- **Quiet** — phones on silent, and a low whisper in the relaxation areas, please.
-
- **Valuables** — kindly leave jewellery and valuables in your room.
-

Spa hours · 09:00 – 18:00 daily

Prices are in USD and subject to change without prior notice. Some treatments may not be available at certain times.